

## Correct donning of a Type 3 coverall

The purpose of protective coveralls is generally to protect the wearer from typical work hazards. The necessary protection is only achieved if the protective suit is put on correctly. In the following, we will show you how to put on a Type 3 chemical protective coverall correctly and what to look out for, using the example of a Type 3 chemical protective coverall without firmly attached gloves, overshoes, boots or face rubber. In order to avoid contamination that is hazardous to health and life, it is essential to carry out all steps carefully, calmly and with the support of a helping person.



### 1. the right choice of suit

First, the protective suit must be checked for the correct type and size. Further information regarding the application and necessary permeation data, can be found in the package insert of the protective suit.

### 2. check the suit

Remove the suit from its packaging and unwrap it to facilitate fold-free donning. The suit is then subjected to a careful visual inspection. In particular, the zip is checked for proper function.



### 3. leg entry

Before entering the suit, empty all pockets and remove any jewellery. Never enter the suit with shoes on. To facilitate entry, the trouser legs can be tucked into the socks. If possible, always put on the suit sitting down. Alternatively, make sure you stand securely against a wall.



## 4. put on gently

Pull the suit slowly over the shoulders and arms with little force. Then close the zip up to the sternum. Secure the sleeves with the finger loops.



## 5. Put on the mask

**From this step on, an assistant is absolutely necessary.**

After putting on the mask, the assistant fixes it with the straps. Make sure that the mask is tight but not uncomfortably tight.



## 6. Checking the mask

Using the palm of the hand, blow into the mask (without the filter) to check that it is tight. If necessary, check the edge of the mask for obstructions such as hair.



## 7. close the suit

To close the suit correctly, place the head at the back of the neck. The zip cover is then taped over the attached adhesive strips. To do this, pull off the adhesive tape of the inner and outer cover one by one and stick it shut without wrinkles.



## 8. close the front

Finally, close the upper flap flush and wrinkle-free.



## 9. masking transitions

In order to seal transitions safely, they must be taped off separately on boots, gloves, zip cover and bonnet with a suitable tape. When sealing the mask and bonnet, tape in smaller sections of 5-6 pieces. Ensure that there are no creases. For all tape steps, the end piece of the tape must be glued over each other to form a tab, see step 10.



## 10. flaps as a finish

Careful taping always includes gluing a tab at the end of the tape. This can be easily grasped even when wearing gloves and makes it easier and safer to put down. The tab must be taken into account during each taping process. To do this, simply place the end piece with the adhesive side a few centimetres above each other.



## 11. check mobility

Finally, check the fit and comfort of the suit. To do this, also make sweeping movements in order to achieve the maximum degree of movement. All joints must be tight.

